



Methacton High School Physical Education Low Ropes Course

Adventure-based equipment change

- Cost for both options is equal.
- A low ropes course provides more diverse educational opportunities and significantly more student participation opportunities.
- A low ropes course incorporates 15 different elements and can be used by 20 + students at a time
- A rock climbing wall offers one activity for 2 students at a time.

Where will it go?



Mill Road
Tree Line

Installation

- THE SUMMIT

- The Premier Adventure Education Program Development Company in the USA.
- 25 years experience designing and installing State of the Art Challenge Courses
- www.thesummitusa.com

What is a low ropes course?

- A Group of Elements that are valuable for teaching teamwork and cooperation.
- Emphasizes full participation and creative thinking.
- They foster trust, respect, care, and concern for every member of the group.



How does this fit into our current Physical Education Curriculum?

- The ropes course would be a key component to our new Adventure Based Physical Education course.
- It will generate enthusiasm for continued lifetime fitness activities in all students.
- The activities captivate traditionally disinterested physical education students.



Who will use it?

- Physical Education classes
- Special Education classes
- Athletic teams and other extra-curricular activity groups
- Staff Members (In-Service)

Safety Considerations

- Staff members will be trained and certified to lead activities.
- Low elements are located on or at ground level.
- Take down cables will be installed for the most dangerous elements.
- Helmets will be included in the installation package.

- A = Athletic Playing Fields
- B = Band Practices
- C = Community Use
- D = District Educational Fields



FIDGET LADDER



TRUST PLATFORM



NITRA CROSSING



MULTI- VINE



WHALE WATCH



WILD WOOLZY



SPIDER WEB



TIRE TRAVERSE

